



The DiSEPIO
INSTITUTE

for Rural Health
and Wellness

Saint Francis University

MARCH 4, 2010

**8:30 A.M. TO 4:30 P.M.
REGISTRATION BEGINS
AT 8:00 A.M.**

Cost:

- No charge if registered by February 22
- Includes lunch and breaks
- \$50 fee for registrations received after February 22

**SHIRLEY BLACK, HEALTH
AND PHYSICAL EDUCATION
ADVISOR FROM THE
PENNSYLVANIA
DEPARTMENT OF
EDUCATION WILL SHARE
THE LATEST NEWS FROM
HARRISBURG.**

Location:

DiSepio Institute
for Rural Health and Wellness
Saint Francis University
108 Franciscan Way
Loretto, PA 15940

Phone: 814.472.3923

Fax: 814.471.1311

E-mail: HWI@francis.edu

**REGISTRATION AND LUNCH
FOR THIS EVENT IS FREE (IF
REGISTERED BY FEB. 22)
THANKS TO THE
GENEROSITY OF A NUMBER
OF VENDORS WHO WILL BE
ON-HAND TO SHOWCASE
THEIR PRODUCTS.**

K-12 HEALTH AND PHYSICAL EDUCATION CONFERENCE

March 4, 2010

6 HOURS OF RELEVANT ACT 48 CREDIT

Free Conference!

(if registered by February 22)

The **DiSepio Institute for Rural Health and Wellness** at Saint Francis University along with the **Appalachia Intermediate Unit** and the **Portage Area School District** would like to invite all area K-12 Health and Physical Education teachers to attend a special one-day conference focusing on current trends and issues faced by today's HPE educators.

Presenters from across the state will share information along with best practices in Health and Physical Education. Topics include:

- HIV/Sexuality
- Monitoring Student Fitness
- Inclusion and Adapted PE
- Motor Behavior in PE
- Low-cost Activities
- Nutrition
- Childhood Obesity
- Safe and Effective Resistance Training
- Making Health Class Fun!

Register by February 22

Free parking is available on the Saint Francis University campus. Participants may park in any visitor spots, the Commuter lot, or the Stokes Athletic Center lot. Campus map
<http://www.francis.edu/uploadedFiles/ProspectiveStd/eGuide.pdf>

Seating in concurrent sessions is first-come first served. Note your preferences on the registration form. Program information is available at www.francis.edu/DiSepioInstitute.htm



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K-12 HEALTH AND PHYSICAL EDUCATION CONFERENCE

March 4, 2010

REGISTRATION FORM

Free Conference!

(if registered by February 22)

Please print

FIRST NAME: _____ LAST NAME: _____

NAME FOR NAMEBADGE: _____

EMAIL: _____ TELEPHONE: _____

SCHOOL DISTRICT: _____

SCHOOL ADDRESS: _____
Street or PO Box

City, State, Zip

DIETARY RESTRICTIONS: _____

Number sessions by order of preference. Sessions will fill on a first-come first-served basis.

	SESSION A		SESSION B		SESSION C
	HIV / Sexuality		Inclusion and Adapted PE		Childhood Obesity
	Monitoring Student Fitness		Motor Behavior in PE		Safe & Effective Resistance Training
	Low-Cost Activities		Nutrition		Making Health Class Fun!

Return by mail or fax to:
DiSepio Institute for Rural Health and Wellness
108 Franciscan Way, Loretto, PA 15940
Fax: 814.471.1311

**6 HOURS OF RELEVANT
ACT 48 CREDIT**